



# Bayani magani



Abacavir

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### Don me ake bani maganin ABACAVIR?

ABAKAVIR (ko kuma Ziagen) magani ne da akan gauraya da wadansu magunguna don kanjamau

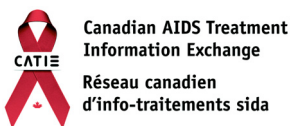
Akwai ABACAVIR kuma kumshe cikin wani maganin kanjamau mai suna Trizivir

ABAKAVIR kan tsai da wurin sashe kitse mai suna “reverse transcriptase” saboda haka yana cikin bangaren magunguna da ake ce masu “ reverse Transcriptase Inhibitors” (RTIs). Kwayoyin kanjamau na bbukatan wannan kitse don yaduwa saboda haka in maganin ya tsaida kitsen, sai kwayoyin kanjamau su dena haiyayafawa

Shan wannan magani na rage yawan kwayoyin kanjamau a jikin mai shi. Yana kuma rage yawan kamu da cututukan da kan sami mutum sanadiyar kanjamau, ya kuma kara lafiyar jiki da garkuwar jiki

### Yaya zan sha wannan maganin?

- Akan sami ABACAVIR a 300mg (kwayoyi) da 20mg (ruwan sa) Akan sha sau biyu a jinni guda ko da abinci ko babu
- Ayi ajiyarsa a daki wanda ba yawan zafi ko sanyi. Kada a ajiye wajen wanka ko nadafi
- Kada a ajiye inda yara zasu iya tabawa



[www.catie.ca](http://www.catie.ca)



[www.apaa.ca](http://www.apaa.ca)

**A yi Shawara na musamman jiyya ta asibiti tare da sanin kwararre likita mai dimbin sanin dangin ciwace ciwace kwayoyin kanjamo da jiyar su**

## **Abacavir**

### **Indan na manta in sha fa?**

- Da zarar ka tuna, sai ka sha amma ba cikin awa biyu kafin ka sha wani ba.
- Bincike ya nuna cewa shan magani bias kaida ya fi amfani. Rashin sha magani bisa kaida na iya sa kanjamau ya canza yanayi, maganin kuma ya kasa aiki.

### **Wayane matsaloli ne zan iya fuskanta in na sha ABAKAVIR**

Muhinmiyar matsala da mutum kan iya samu shine wata irin matsananciyar mura. Wanan kan faru wa mutum 3 cikin 100 ne kawai. Alamu kan hada da zazabi da sanyi. Ciwon mahadin kasusuwa gajiya, amai, kuraje a jiki da rashin ishashen numfashi. Idan ka fuskanci matsalolin nan biyu ko fiye, ka nemi shawarar likita. Kad a ka dakatar da shan magani ba da izinin likita ba.

Wasu matsaloli kuma da akan fuskanta wajen shan ABAKAVIR sun hada da-

1. Kurajen jiki
2. gajiya
3. ciwon jiki
4. rashin barci
5. atini
6. jin amai
7. amai
8. ciwon jijiyoyi

Ka tuntubi likita in ka fuskanci matsaloli nan

### **Ina iyan shan ABAKAVIR DA WADANSU magunguna?**

Ana iyawa amma ka nemi shawarar likita ka kuma sanar masa magunguna ko da na gargajiya ne

Wasu magungunan da ana iya sha da ABAKAVIR sun hada da Antabuse, Parafon forte, Chloral Hydrate da Isoniazid. Amma ka nemi shawarar likita kafin shan shi.



### Ina iya shan ABAKAVIR DA giya ko kwayoyin maye?

Ka dena shan giya in kana shan ABAKAVIR. Giya na iya kara karfin ABAKAVIR har ya zama wani damuwa

Ana iya shan ABAKAVIR da wasu sa'anda nake da juna biyu ko ina shayar da jariri?

Indan kina da juna kuma kina son shan ABAKAVIR, ki nemi shawarar likita

Tunda uwa na iya ba wa jaririnta kwayoyin kanjamau ta wurin shan mama, bai kamata ta ba jiriri mama ba.

Wayane abubuwa kuma ya kamata in lura da su wajen shan ABAKAVIR

Ku kusanci likita kowane lokaci don auna jinni da hanta da koda duba lafiyansu.

Ka tabatar kana da ABAKAVIR ko yausha

ABAKAVIR baya kasha kwayoyin kanjamau. Baya kuma hana bazacutar saboda haka amfani da kororon roba wajen jimai.

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#### Labari mai muhimmanci:

Masu yada labarai ta jiyar cuta mai karya garkuwar jiki a kasar Canada da suna CATIE tare da wata kungiya ta Afirka wato APAA, masu aiki akan wanan cuta suna da nufi mai kyau ta wurin hanyar yada labarai zuwa ga masu zama da cuta kwayoyin kanjamau ko cuta mai karya garkuwar jiki, da musamman masu hanyar kula da kansu tare da taimakon ma' aikatan kungiyar da ke jiyar masu wanan cuta.

Labarai da a ka samu ta wurin CATIE ko APAA ba kamar shawaran likita ba ne. CATIE/APAA basu bada goyon baya na musamman jiyar amma masu amfani da mu su yi kokari ta wurin samu shawara da ga wurare masu yawa. Muna kuma karfafa wa masu amfani da mu, su nemi shawara da ga kwararre likita kafin su dauki wani shawara ko amfani da kowane magani.

Ba mu da tabbacin cewa labarai da ga wurin CATIE ko APAA daidai ne. Harka ce mai hadari idan aka dogara da labarai da ga wurin CATIE ko APAA kawai. Ba za a rike daya a cikin CATIE ko APAA ko ma' aikatan su, shugabannin ko daraktoci, masu taimakon su da laifin diyar akan amfani da labarai da suka yada.

Ra ayin da suke a cikin labarai wanda CATIE ko APAA ta buga na wanda suka wallafa ne, kuma ba ra ayin ko manufa minista mai kula da lafiyan Canada ba ne. Wannan website ya kunshi hadi na waddansu websites. APAA ba ta sarrafa websites da ta hadi ba, APAA ba ta dauki nauyi kayan cikin kowane website da ta hadi tare da website da ta kuma kunshi kowane hadi, ko karuwar da aka yi wa waddanan hadi ta websites. Websites da suka hadi da namu ba su nan a farasanci ko turanci. APAA ta yi tanadi na wannan hadi ta websites domin sauki, ama kunshi ta kowane hadi bai nuna a fakaice APAA ta goyi bayan wannan hadi ta websites ko suna tare da afaretan wadannan websites ba.

Ba mu da tabbacin cewa labarai da ga websites da suka hadi da wannan daidai ne. Kuma harka ce mai hadari idan aka dogara da labarai da ga nan, a kuma dauki nauyin kallo da yarda da bayani ta farabati da sharrada ta amfani a websites da suka hadi da wannan. Idan za a yi kowane bayani ko bincike akan batun websites da suka hadi da wannan, sai a tuntubi afaretan su



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